

We Al-li's Facilitator Training

Recreating Songlines from Trauma Trails:

The ceremony of Indigenous Facilitation Practice

A Five Day Training Program developing facilitation skills for professional practice



This five-day residential intensive workshop has been designed for people who are wanting to deepen their personal and professional development:

- ✓ In Indigenous Facilitation Practice in the trauma healing space;
- ✓ That are wanting to continue to learn, through being actively involved in We Al-li's mentorship model, including access to the facilitation progression system unique to We Al-li.
- ✓ Incorporating self-care and development of a Community of Care within the group.

This 5-day intensive will enhance the many skills YOU bring with you and introduce you to the We Al-li way of working. Our workshops are experiential, focusing on process work as an embodied learning approach, that are deep and at times confronting but optional sessions that can challenge both the Facilitator and the participants.

Aims of this Workshop

To create a safe circle to enable participants to immerse themselves in Indigenous Facilitation Practices from an experiential perspective, drop into truth telling (past, present and future) and find and tell their stories, make sense of their stories, feel the feelings, move through the layers of loss, grief and trauma to ownership of choices, leading to strengthening cultural and spiritual identities – both individually and collectively.

Objectives of this Workshop

To establish a safe circle through observing protocol and ceremony to facilitate the mapping of trauma and the process of healing – recreating our song lines and healing trails from a Facilitators'/ Participants' perspective. This will be facilitated through experiential processes using art, symbols, music, theatre, emotional release, body work, storytelling and mapping and reflective discussion embodied in deep listening –equipping facilitators with the skills to work in this space.



TO REGISTER PLEASE EMAIL:
DAVID.RYAN@WEALLI.COM.AU

This Workshop is suitable for anyone working in the Human Service Sector

COST

\$4,400 per person (includes GST).

This includes:

- Shared accommodation (including bedding and towels) from check in Sunday 18th to check out Friday 23rd.
- Meals from dinner Sunday 18th to Lunch Friday 23rd.
- Choose from full payment upfront, or 4-6 monthly payments.

Please refer to page 3 for the "About Venue" section and page 4 for the options and costs. Choose from full payment upfront, or 4-6x monthly payments.

DATES

Monday 19th to Friday 23rd October 2026

Participants need to be on site by 5pm, Sunday 18th October.

TIMES

9:00AM – 4:30PM, DAILY

VENUE

Commonground

1.5 hours north of Naarm/Melbourne, near Seymour.
Easy access via train to Seymour then taxi, or self drive.

WHAT IS PROVIDED

- ✓ Accommodation including bedding and towels
- ✓ All meals
- ✓ All workshop resources
- ✓ Facilitators Manual
- ✓ Certificate of Attainment
- ✓ Copy of Judy Atkinson's Trauma Trails
- ✓ Boxed set of Healing Cards

WORKSHOP FACILITATORS



Carlie Atkinson

Carlie (Caroline) Atkinson is a Bundjalung and Yiman woman and an accredited Social Worker with a PhD (Charles Darwin University, 2009). Associate Professor Atkinson is an international leader in complex and intergenerational trauma and strengths-based healing approaches in Indigenous Australia. She has focused her career on the interplay between trauma and violence in Aboriginal peoples in Australia, has developed extensive community and practice-based experience through her collaborative co-designed resource development work, and developed Australia's first adapted, culturally sensitive, reliable and valid Aboriginal trauma assessment measure. She is the CEO of her family organisation, We Al-li, designing and coordinating delivery of Culturally Informed Trauma Integrated Healing Approaches (CITIHA) training and resource development for organisations and communities across Australia focusing on systems transformation and implementation.



Ash Dargan

Ash gained his Masters of Indigenous Studies under Dr. Judy Atkinson following her work in Trauma Informed approaches to community recovery as the Australian Federal Government moved to set up and fund the Aboriginal and Torres Strait Islander Healing Foundation. Since that time he has held State and Territory senior leadership positions across the Education, Mental Health, Justice and Community Service sectors. Ash is passionate about leading change processes that enable better and fairer outcomes for Aboriginal and Torres Strait Islander peoples. As a critically reflective thinker he bridges the cultural divide allowing ideas to flow into actions that make sense for services and consumers. He was one of the founding members of the Larrakia Healing Group that produced one of Australia's leading resources on 'place based' Transgenerational Trauma and how to heal from its compounding effects within a historical framework.



Jem Stone

Jem Stone, We Al-li Lead Facilitator and Trainer, is a proud First Nations woman of Bundjalung descent and mixed heritage, living on Bundjalung Country in Northern NSW, where she continues to deepen her connection to Country, culture, and community. She is dedicated to weaving Indigenous and western knowledge systems through a Two-Eyed Seeing approach to support trauma recovery, education, and community wellbeing. Her work is a living expression of extensive training, professional practice, and lived experience, guided by Elders, cultural teachers, and the timeless wisdom of Country, culture, community, and Ancestors. As Co-Founder and Director of Indigenous Psychedelic Assisted Therapies (IPAT), Jem draws on her extensive experience across breathwork, Wayapa Wuurk, meditation, and somatic practices, while contributing to the emerging field of psychedelic assisted therapies in Australia. Through a culturally informed, trauma integrated approach, she creates spaces where people can reconnect with themselves, each other, and the living world around them. A proud mother of three and grandmother, Jem travels throughout Australia and internationally sharing this work with Indigenous communities, health services, practitioners, organisations, and institutions seeking to deepen their understanding of trauma healing, cultural responsiveness, and relational approaches to wellbeing. She walks gently as a contemporary Earth custodian, dedicated to a world where people and the Earth can thrive together now and for future generations.

WORKSHOP FACILITATORS



Alison Burrell

Alison's main passion and commitment is to her family. She is mum of 7 and step mum of 5. She has family connections of Wiradjuri (Dubbo, NSW) and has Anglo Celtic, Polish; Danish heritage. She grew up on Dharug country around the Hawkesbury River in NSW so has strong connections to the land there as well. Alison holds a Masters Degree in Indigenous Studies (Wellbeing) from Southern Cross University, a Bachelor in Health Promotions from Deakin University and a Graduate Diploma in Clinical Family Therapy.



Jarmbi

Jarmbi is a regional custodian of the Northern Rivers on the east coast of Australia. Through his own journey of healing and deep connection with culture and spirit, Jarmbi guides people to the natural wisdom of who they are through culturally informed trauma healing, ceremony, earth connection and social activism. His teaching is a way of being and knowing that is grounded, connected and engaged. Deeply committed to community activism and connection to wisdom, he works with both indigenous and non-indigenous communities, focusing on the intersecting issues of sovereignty, environment, human rights and trauma healing. He has also shared his work internationally through talks, workshops and ceremony. As a We Al-li facilitator, Jarmbi carries the work of culturally informed trauma-integrated healing with integrity and embodied experience. An avid free diver, he is currently working on a local community initiative, Yerabalnyabay, connecting people with the ocean, environmental activism and trauma healing.

ABOUT THE VENUE



Commonground

Commonground is set on 95 acres of beautifully regenerated bushland, just over one hour's drive or train ride north of Melbourne and 15 minutes from Seymour by car.

The tranquil bush setting, sustainable design and homely feel of the Venue make it ideal for community-based, social action and environment groups to hold workshops, share ideas and plan for the future.

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Monday 19th to Friday 23rd October.

Participants need to be on site by 5pm, Sunday 18th October.

EVENT NAME: Recreating Songlines from Trauma Trails: The ceremony of Indigenous Facilitation Practice
 A Five Day Training Program developing facilitation skills for professional practice

DATES: Monday 19th to Friday 23rd October.
 Participants need to be on site by 5pm, Sunday 18th October.

TIMES: 9:00AM – 4:30PM, DAILY

VENUE: Common-ground.org .au, Seymour, approx. 1.5 hours north of Naarm/Melbourne
 (not to be confused with commonground.org.au)

COST: \$4,400 incl GST. (delete "plus accommodation").
 Change 4 x monthly payments to 4-6 monthly payments

WHAT IS PROVIDED:

- Accommodation including bedding and towels
- All meals
- All workshop resources
- Facilitators Manual
- Certificate of Attainment
- Copy of Judy Atkinson's Trauma Trails
- Boxed set of Healing Cards

Payment Information:

To register and secure your place, contact david.ryan@wealli.com.au

Cancellation Policy

Friday 14th August – **100% refund**

After Friday 14th August but before Friday 25th September – **50% refund**

After Friday 25th September – **Nil**

Any queries, please contact our Chief Operating Officer, David Ryan, on 0499 993 413 or david.ryan@wealli.com.au