



# TRAUMA & HEALING 5-DAY FACILITATOR TRAINING

*Recreating Songlines from Trauma Trails: The ceremony of Indigenous Facilitation Practice*

## ABOUT THIS TRAINING

This workshop is delivered by Aboriginal men, for Aboriginal men. It creates a safe space to yarn, reflect, and learn together about how trauma shows up in our lives, families, and communities — and how we can respond in ways that support healing and strength.

Held on Country, the training recognises that Country is our best teacher and healer. Through shared stories, cultural practice, and trauma-informed learning, men will explore practical ways to care for themselves and others — at home, at work, and in community.

Participants will walk away with a stronger understanding of trauma and its impacts, tools for supporting others in culturally safe ways, and confidence in their role as leaders, fathers, brothers, and community men.

This program is about building men up — reconnecting to culture, responsibility, and purpose, and strengthening the collective healing of our people.

## WORKSHOP DETAILS

- Dates** **19 - 25 July 2026**  
*Arrival no later than 2pm on 18 July*
- Cost** **\$3200 per person incl. GST**
- Venue** **Ampwerre (Black Tank Outstation)**  
*80km North East of Alice Springs*
- Includes**
- Meals and Accommodation
  - Transfers from airport
  - Facilitator Manual
  - Certificate of Attainment
  - Copy of Judy Atkinson Trauma Trails
  - Boxed set of Healing Cards

**Spaces are limited.**

**REGISTER HERE**



## LEARNING OUTCOMES

- **Facilitation Skills:** Apply and develop skills in Indigenous Facilitation Practice
- **Understand Trauma Behaviors:** Learn to identify and respond effectively to trauma behaviors in culturally appropriate ways.
- **Explore Cultural Healing Practices:** Utilise tools like yarning circles and story mapping to support healing and growth.
- **Build Community-Centered Responses:** Strengthen trauma-informed practices to create safer, more inclusive communities.
- **Self-Care Strategies:** Develop techniques to minimize vicarious trauma and prevent burnout.

**"This experience will save so many lives, and have a massive ripple effect that will make change across the Country."**

**Workshop Participant**



**KINGS  
NARRATIVE**  
AUTHORS OF OUR OWN STORIES





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## WORKSHOP FACILITATORS



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**Tyson Mpetyane Carmody** is an Arrernte man, narrative therapist, and the founder and Managing Director of Kings Narrative — a respected social enterprise dedicated to supporting Aboriginal men to be the authors of their own stories. Tyson is in his final year of a Master's in Narrative Therapy and holds a Diploma in Narrative Practice. He has been counselling and facilitating in the field of narrative therapy for many years, He has a rare ability to hold complex conversations with care and clarity, weaving cultural knowledge and therapeutic practice to create environments where men feel safe, seen, and strong.

As a facilitator, Tyson is known for his calm strength, generosity, and ability to bring people together. He creates environments that are grounded in safety, story, and respect — spaces where healing, truth-telling, and transformation can take place.

For the past three years, Tyson has been facilitating Healing and Trauma Training programs that draw people from across the country to sit, listen, and learn with him. His facilitation weaves narrative therapy with Aboriginal knowledge systems, creating powerful learning experiences that speak to both heart and practice.



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**Kynan Barnes Ampetyane** is a proud Arrernte man from Anarpipe. Kynan is a Kwertengurle and holds a role of caretaker for his Country. He brings his knowledge and lived experience to his work, grounded in a strong connection to Country, community, family and Culture.

Kynan holds a Bachelor of Education and a Master's in Narrative Therapy and Community Work, and has over 10 years of experience working with young people and communities across Central Australia and Victoria. His professional journey spans roles as an educator, youth worker, Aboriginal education worker, counsellor, facilitator and more recently as an operations manager at Kings Narrative.

Kynan is passionate about the intersections of Country, community, Culture, education, healing and social justice, particularly in creating pathways for Aboriginal people to thrive while maintaining strong cultural identity.

A graduate of the facilitator training, he is known for his calm, thoughtful and considered approach, Kynan co-creates safe spaces for meaningful conversations, fostering vulnerability, authenticity, and connection.



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**Ash Dargen**, is a proud Larrakia man, who gained his Masters of Indigenous Studies under Dr. Judy Atkinson following her work in Trauma Informed approaches to community recovery as the Australian Federal Government moved to set up and fund the Aboriginal and Torres Strait Islander Healing Foundation.

Since that time he has held State and Territory senior leadership positions across the Education, Mental Health, Justice and Community Service sectors. Ash is passionate about leading change processes that enable better and fairer outcomes for Aboriginal and Torres Strait Islander peoples.

As a critically reflective thinker he bridges the cultural divide allowing ideas to flow into actions that make sense for services and consumers.

He was one of the founding members of the Larrakia Healing Group that produced one of Australia's leading resources on 'place based' Transgenerational Trauma and how to heal from its compounding effects within a historical framework.



# HEALING & TRAUMA 5-DAY FACILITATOR TRAINING

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## APMWERRE - BLACK TANK OUTSTATION

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### *Healing at its deepest level, happens on country.*

Apmwerre is an outstation on Anarpipe Country where Kings Narrative operates. Tyson holds a care taking role of *Kwertengurle* for this Country and is continuing the legacy of healing that has been passed down from his Elders and Ancestors.

“We cannot begin to see and understand our problems as Aboriginal people until we decolonise the playing field to give life to our experiences that stand up against the dominant discourse. For us as Aboriginal people Country and Culture is where we find our way, navigating through problem stories to begin re-authoring them and bring into view our preferred stories. Being on Country provides us the safe, strong, and cultural feeling needed to prepare us, to be ready to unpack and see our problem stories and how they operate in our life’s.

On Country we can give meaning to these stories and so in turn we can understand them. When we can see it and understand it, then we are able to do something about it. That is why we do what we do out on Country. In town everything can seem like it’s falling apart, out on country it seems like everything is falling into place.”

- Tyson Carmody, Managing Director



## REGISTER YOUR INTEREST TODAY

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For more information contact us:

**Email:** [admin@kingsnarrative.com.au](mailto:admin@kingsnarrative.com.au)

**Website:** [www.kingsnarrative.com.au](http://www.kingsnarrative.com.au)



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