



INDIGENOUS PSYCHEDELIC-ASSISTED THERAPIES

Acknowledgment of Country

Indigenous Psychedelic-Assisted Therapies (IPAT) acknowledges the Traditional Custodians of the unceded land on which we work, learn and live. We pay respect to Elders past, present and future, and acknowledge the importance of Indigenous ways of knowing, being and doing in all areas, including the emerging field of Psychedelics. With reverence and respect for Indigenous traditions of healing with plant kin and communing with nature, we are committed to supporting Indigenous representation in the Psychedelic space.

Our Mission

...to ensure there is **cultural safety, accessibility & Indigenous representation** in the emerging field of Psychedelic-Assisted Therapy.

We're driven by a desire to **improve the collective health and wellbeing** of our entire community.

Our Vision

...aims to bridge the divide between Western and Indigenous knowledge systems in the context of innovative mental health treatments.

We are doing this through **education and training, consultation and advocacy**.

Our Values

Community Connection Reciprocity Integrity Transparency

Trauma Informed Care and Practice:

An Indigenous Approach to Developing Worker Skills

This 2-day workshop is designed for anybody wanting to work with first nations people or diverse communities.

The content introduces the concept of 'Symptom as History' and provides tools to develop generational resilience in healing from trauma and systems transformation.

Developed by Emeritus Professor Judy Atkinson AO and Dr Caroline Atkinson PhD and facilitated by IPAT

The course unpacks the topics that are most commonly requested by therapists or those working in the Human Services field with Indigenous people who are living with trauma behaviours. This is an experiential and interactive workshop. A safe space to talk and learn about cultural issues that can support your confidence when working safely with diversity.

Learning Outcomes

- Provides culturally relevant, trauma-informed and trauma specific, safe teaching learning experience.
- Develop superior levels of confidence and ability to work in diverse and difficult situations.
- Provides community based training linked to specific community needs.
- Strengthens relationships between individuals, families, communities and workforce skills.
- Fosters abilities and competence in the process of working with groups and communities in distress



GADIGAL / SYDNEY

This is suitable for **primary health workers** or anyone **working in the Human Service Sector**.
Limited spaces available.

Cost:
\$999

Dates:
July 29th & 30th 2026

Venue
National Centre for Indigenous Excellence- 166-180 George St, Redfern NSW 2016, Australia

Times:
From 9:00am to 5.00pm daily

What is Provided :

- Morning tea & Afternoon tea
- Participants Training Manual
- Workshop materials
- IPAT / We Al-li facilitators
- Certificate of attainment

Trauma Informed Care and Practice:

An Indigenous Approach to Developing Worker Skills

Topics may include (but not limited to):

- Improving responses to trauma behaviours
- Working with Indigenous young people & communities
- Trauma audits using genograms & loss history maps
- Experiential and interactive activities
- Indigenous healing practices, what do they look like
- De-escalation strategies
- Exploring behaviour as language
- Story mapping, how history of place strengthens responses
- Unpacking cultural safety, cultural sensitivity, cultural fitness, cultural security, cultural competency and what they all mean
- How trauma is stored in the brain and the body
- Art, dance, drama, music, song, massage therapies
- Strengthening integrative service responses in your community
- Developing communities of care within communities of practice
- Effective yarning circles & action planning
- Self care practices and debriefing
- How to minimise and respond to vicarious trauma and burn-out
- Physical, psychological, mental ill-health and substance use
- Defining and understanding violence

Facilitators



Jem Stone

IPAT Co-Founder & Director
Cultural Educator
We Al-li Trainer
Wayapa Wuurrk Trainer
PAT Practitioner
Breathwork Trainer



Kirt Mallie

IPAT Co-Founder & Director
Cultural Educator
We Al-li Facilitator
Yoga & Meditation Teacher
PAT Practitioner
Wayapa Wuurrk Facilitator



Dr Bianca Sebben

IPAT Co-Founder & Director
Clinical Psychologist
We Al-li Trained Support Facilitator
PAT Practitioner and Educator
Integration Specialist

Registration & Bookings

[Payment Link- Payment Installments available](#)

Contact

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