

Training Brief



Title of Workshop:	Indigenous Trauma Counselling
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<p>We Al-li has Public Liability (\$10 million) and Professional Indemnity Insurance (\$5 million). Policy copies available on request</p>	
The target group:	All organisational staff and community groups and members.
Workshop Aims and Objectives:	This workshop is designed to introduce participants to, and help develop attributes, which reflect integrated Indigenous and non-Indigenous theory and trauma counselling practice. It helps establish protocols and the practice of cultural safety with practical exercises in trauma counselling preparation and practice. The use of story maps, narrative, and emotional release as specific tools from both Indigenous and non-Indigenous trauma counsellor training are experienced.
Participant Learning Outcomes:	<p>On completion of this workshop participants should be able to:</p> <ol style="list-style-type: none"> 1. Demonstrate cultural safety within culturally competent service practice; 2. Describe and explain specific trauma counselling and other therapeutic skills applicable to different Indigenous client needs 3. Apply skills attained through observation and participation in re-evaluation counselling skills, which include joining, listening, responding, reflection of feelings, asking, confronting, problem solving, goal clarification and action planning 4. Use story maps and gestalt as tools in counselling Indigenous clients 5. Use journaling and art as self-care: reflective practice 6. Critically evaluate the theory and procedures in establishing ethics in counselling practice, the legal requirements about which counsellors must be aware, the need for counselling supervision, and self-care by the practitioner 7. Explain and demonstrate the need for confidentiality and maintenance of appropriate records for professional counselling practice.
Audio/visual requirements.	Projector and Audio for 3.5mm headphone jack
Room set up.	Circle. If possible the venue should have easy, direct access to an outside area that will allow the facilitator to break up the in-room sessions with short outdoor activities.
Maximum attendees.	25